

# Parental Instructions for Infant Testing

Pinehurst Audiology – Pinehurst Surgical

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## Infant Auditory Brainstem Response Testing (ABR) and/or Otoacoustic Emission Testing (OAE)

### Home Preparation for Parents with Infants Under 12 Months of Age

Your child has been scheduled for Auditory Brainstem Response (ABR) testing and/or Otoacoustic Emission Testing (OAE). In order to test a baby's hearing, the baby must be relaxed and have little or no movement for typically 20-30 minutes. For very young babies this means being asleep. The most important way to prepare your baby for the test is to **show up with a tired, hungry baby**. Most young babies will sleep through the entire test if they are brought to the appointment ready for a feeding and nap.

The following instructions must be followed very carefully unless medically prohibited:

1. **The baby must be sleep deprived.** This means that the night prior to testing, the baby must be allowed to get his/her normal amount of sleep. **He/she must be put to bed later than usual and awakened early. The baby should then be kept awake until the appointment time. Do not let your baby fall asleep on the way to the testing facility. This will prevent the child from sleeping during testing.** If your baby sleeps on the way to the facility, he/she may not be sleepy upon arrival.
2. **The baby should be hungry. The feeding time just prior to the scheduled test time should be skipped or postponed and given only at the testing facility when the person responsible for testing your child advised you to give it.** For instance, if your baby feeds every two hours and your appointment time is scheduled at 8:30 AM, skip the feeding just before the appointment time.

Normally, when young babies are sleep deprived and fed just prior to testing, they will easily fall asleep for the time necessary for hearing testing.

Following these simple steps will make your testing experience much more pleasant and will allow us to quickly complete the necessary steps to thoroughly test your baby's hearing. Thank you for your cooperation in this matter and we look forward to serving you and your child.

**FAILURE TO COMPLY WITH THE ABOVE INSTRUCTIONS MAY RESULT IN RE-SCHEDULING THE TEST.**

Please notify Pinehurst Audiology at 910-295-0243 or (800)755-2500 ext 243 if you have any questions.

*This form modified from Appendix A of the ECU/NCPH Clinical Audiometric Assessment Protocols/Stuart 2010*